

Advance Praise for THE TEEN'S GUIDE TO WORLD DOMINATION

"I first became aware of Josh Shipp when I was hosting TRL on MTV. He came on the show and gave teens solid advice that was funny and easily understood. Josh's book does the same thing. It urges you to get off your butt and take some action for improving your life—regardless of your age. Life is short. So, what are you waiting for? Read this book!"

—DAMIEN FAHEY, MTV

"Josh Shipp totally gets it. His approach to getting teens to relate, open up, and get inspired is truly wonderful. So many authors have no idea how to really connect to teens and tweens. Let your kids learn to take over the world and feel awesome doing it!"

—VANESSA VAN PETTEN, YOUTHOLOGIST
AND CREATOR OF RADICALPARENTING.COM

"I LOVE THIS BOOK. He is spot-on in the advice he shares to help teens create not only a fulfilling, connected life but a life that they can TRULY dominate! I am certain that if teens read this book they will avoid the perpetually annoying quarter-life crisis that comes in their twenties because they will have gotten the secret message of it all: Life is short. So hurry up and begin living the one you want."

—JESS WEINER, AUTHOR, SELF-ESTEEM EXPERT

"'Be the hero of your own story' gets a twenty-first-century makeover with edgy candor, frank advice, and raw, real truisms you just can't duck-n-dodge. Simply put: If you don't choose to control your own world, then people will call the shots for you. The drama will control you—other people's expectations will control you. The villains (your past, your fears, bad relationships, addictions) will ALL line up to control you. . . . Playful, poignant, and spot-on in its Yoda-like wisdom, Josh's new book lands a loud and clear message: Teens, if you don't dominate your own world, someone else will."

—AMY JUSSSEL, FOUNDER/EXECUTIVE DIRECTOR OF SHAPING YOUTH

“One triumph of a book. It is hard to get a chance at an early age to do anything other than what we are told to do, and with Shipp’s book, teens have a stellar shot of accomplishing their dreams, while other teens are eating peanut butter and jelly sandwiches and chilling on seesaws.”

—SKYLER STONE, COMEDY CENTRAL

“I love this book and I love Josh Shipp for writing it. Yeah, he’s in your face but, like he says, he’s always on your side. With The Teen’s Guide to World Domination you’ll get what you need to dominate the only part of any world you’ve got a shot at. That would be your own world, as in your thoughts, feelings, and choices. So quit stressing yourself out trying to get other people to do and be what you want. Instead, pick up Josh’s guide. Learning to get the life you want starts here.”

—ANNIE FOX, AUTHOR OF *TOO STRESSED TO THINK?*
AND *MIDDLE SCHOOL CONFIDENTIAL*

“Josh Shipp will knock you on your butt with his life experience and give you the best advice he never got. He’ll also make you laugh for the whole crazy ride.”

—MELISSA WALKER, AUTHOR, FOUNDER OF IHEARTDAILY

“Best. Book. Ever. Josh Shipp is pee-your-pants hilarious and blow-your-mind profound in this entertaining and inspiring book that just might save your life. It’s fresh. It’s brilliant. It’s everything you want to be. You have to have it.”

—MICHAEL BUCKLEY, YOUTUBE SENSATION, *WHAT THE BUCK*



The **Teen's Guide** to

WORLD
DOMINATION



*Advice on Life, Liberty,
and the Pursuit of
Awesomeness*

josh shipp

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**THIS IS REQUIRED
READING**

// If you skip this introduction, I will find you and slap you. I'm not joking.

Good evening, teenage human.

Pleasure to meet you. I'm Josh Shipp, aka the guy on the cover of this book whose hair looks like a Chia Pet. Aka the guy who just threatened to slap you. And meant it.

I don't always threaten to slap people. I only do that when it's important, you know? Slapping people usually gets their attention. And I need your attention right now because your life is at stake.

"Excuse me, Josh?" Yes, you heard me. Your life is at stake.

No, you're not dying, so don't panic and call 911. This is good news, so lean in and listen closely.

You get to choose how you live your life.

You can either dominate it . . . or do nothing, and let other

people call the shots. You can either do exactly what you want to do or let other people tell you what to do.

And it doesn't matter who you are or what you've got going for you (or against you). For all I know, you could've just stolen this book. You could be robbing me right now. Well, I'm kind of OK with that. I'm delighted you stole/bought/received/inherited from your deceased relative/illegally downloaded/in some other way acquired this book. Why? Because I want you to read it. Plus, my face is on the cover, and I just think that's awesome slash awkward.

Before we begin, you've gotta understand something:

// I didn't write this book because I'm perfect.

I don't have all the answers. Sure, I'm a young dude who spends his days giving advice to teens—in high school auditoriums, on TV (you may have seen me on MTV, CNN, NBC, FOX, or Comedy Central), on the radio, on people's front yards (without their permission), and online at HeyJosh.com. Recently, I was named to *Inc. Magazine's* "30 Under 30" list of "America's Coolest Young Entrepreneurs." (Very flattering.) I was seventeen when I decided this is what I wanted to do with my life and, since then, I've built a really successful career. People from literally all around the world now consider me a leading authority on teen communication. Crazy, right? I get 100,000 e-mails from teens every year asking for my advice, and I've spoken to well over a million teens . . . and counting. It's kind of funny, really—I used to get kicked out for talking in class, and now I get paid for it!

But I don't give advice because I know it all. Or because I'm supersmart and have thirty-seven PhD's. Far from it.

I give advice for a living because I'm horrible at manual labor. Kind of uncoordinated. Really bad with directions. And a little bit lazy. I'm just a guy who's made a lot of mistakes, gone through a lot of painful experiences, and learned some valuable lessons along the way.

I was left at the hospital by my birth parents, so I know what it's like to be abandoned. To this day I've never met my parents or anyone related to me. I grew up in several different foster homes. I've been kicked out, abused, forgotten about, and written off by others. I've been overweight, picked on, and suicidal, and I've felt like my life had zero point. I even spent a little time in jail. Not exactly the biography of a guy who's got it all together.

I don't tell you all this to depress you. Or to make you feel sorry for me. Trust me, that is not my style.

I tell you this to communicate that, whatever you're going through—whatever you're dealing with—whether your life is perfect or perfectly horrible, you have what it takes to dominate your world. And I wrote this book to show you how it's done. 'Cause if I can do it, you can.

I don't think I'm better than you. Smarter than you. Or have it all figured out.

Just 'cause I'm an author or a motivational speaker or an "expert" or whatever doesn't mean my life is perfect. I have bad days. I yell at my friends. I don't always try my best. I get upset. Pissed off. Show up late. Sometimes I don't bathe regularly.

But I'm always trying to get better. I don't know about you, but

I want my life to matter. I don't want to get dragged down or pushed around. I want to do what I'm good at—what I love to do—and get paid for it. I want to be happy, and I want to make a difference. I want to surround myself with people who see the best in me. I wanna be a guy my friends can count on. That's the kind of life I want to live. And I want to help you to do the same.

Disclaimer Number One

I'm a smart aleck, and I'm random, so you better be packing heat. And by heat I mean Google. I'm not afraid to tackle a serious topic and then throw an obscure YouTube reference into the mix. We don't have to be all serious and stuck-up to discuss serious topics.

Disclaimer Number Two

I am not your dad. Or your teacher. Or your parole officer. Think of me as your older brother. I don't think I know it all, but I think I've got some pretty solid ideas. My style is in your face, but on your side. We can laugh and joke around and have a good time. But if you whine or complain or pull some crap as to why you can't accomplish something . . . I'll call you out on it. Got it?

Disclaimer Number Three

Read this book however you want. Cover to cover if you're an overachiever or, you know, a normal literate human. If you're like me and have the attention span of a small can of Mr. Pibb (huh?), feel free to skip to whatever chapter strikes your fancy. Use it as a kick in the pants and then apply it to your life. Word of warning:

If you skip Sections 1 and 2, you're going to be very, very confused when I start calling your teacher a robot and your girlfriend a puppy (unless you're actually dating a puppy, in which case, I can't help you), so proceed at your own intellectual peril.

In your face, but on your side,

// josh shipp

P.S. Up Up Down Down Left Right Left Right B A select start—just because I use cheats doesn't mean I'm not smart.

P.P.S. Stop playing FarmVille right now. It's a lame use of your time, doesn't make you better looking, and produces no real vegetation.